

Spring 2024 Newsletter

Resources for Leading, Learning, and Connecting as a Family Enterprise



What's Your FQ*?

(*Family Intelligence Quotient)

Rebecca Meyer and Carolyn Greenspon

What conversations are you avoiding? What stories do you tell yourself when there are disagreements? Developing your FQ can help you and your family enterprise manage challenges with greater skill.

To help family members on their FQ journey, Rebecca Meyer and Carolyn Greenspon ran a workshop entitled "Boost Your FQ to Enhance Your Family Business" at Family Business Magazine's April *Transitions* conference.

FQ offers insight about your family system and how to navigate it more skillfully - it's like EQ (Emotional Intelligence), but for family enterprises. Since family businesses are an economic venture and a relationship system joined together, when even one person in the family boosts their FQ, both systems benefit.

Want to learn more about enhancing your family's FQ? Check out our primer:

[Read the Article](#)

Family Enterprise: Not For the Faint of Heart

"The Gift and Power of Emotional Courage"

TED Talk

By Susan David, PhD



It takes a lot of courage to stay connected when we come up against the normal friction of family enterprise decision-making. At [Relative Solutions](#), we have found that emotional agility (like FQ) is part of the grease that allows the wheels of governance to turn more smoothly.

In this TED talk, Susan David, PhD delves into the importance of emotional agility - in individuals, families, businesses, and communities. Emotional agility is a skill that allows us to navigate life's challenges by accepting and sitting with our emotions, especially difficult ones, and regarding them with curiosity, compassion, and openness in an effort to successfully ascertain what the emotion is telling us and how it can help move us to responses that are values-aligned.

[Watch](#)

Learning and Networking Opportunity

SEFOF 2024

September 23-25, 2024, Atlanta, GA



Spending time with other families who share assets can be reassuring - it turns out that the challenges and opportunities they face are not all that different.

Our clients and other families have told us that the Southeastern Family Office Forum (SEFOF) is an intimate conference for learning - both formally and informally. SEFOF is made BY and FOR family members and family office executives. Once again, [Relative Solutions](#) is an Educational Partner for SEFOF 2024 and we are excited for this year's program, which will run September 23-25 in Atlanta, GA. Carolyn Greenspon will facilitate a session on mentoring, Bryn Monahan will emcee, and Jillian Wagenheim is chair of the next-gen track. To learn more, click below:

[Learn More](#)



Relative Solutions guides families who share assets through the difficult questions that emerge from the shared risks and opportunities that impact their lives together. We provide a structured space that is neutral, objective, and conflict-free, so a family's best thinking can emerge to solve their most pressing challenges. Leveraging our proven process, families get the sense that change is possible, and are able to embrace tailored, practical solutions that have a substantive and lasting impact.



Copyright © 2024 Relative Solutions LLC, All rights reserved.

Mailing address:

686 W. Cuthbert Blvd., #129, Westmont, NJ 08108

(201) 385-5104

Want to change how you receive these emails?
you can [update your preferences](#) or [unsubscribe from this list](#).